

# The Lake District

**Dates:** Friday 27<sup>th</sup> - Sunday 29<sup>th</sup> May 2016

**Depart:** 4:15 pm from Trinity gates.

**Return:** late Sunday evening to Oxford.

**Cost:** £60

Photo credit: John Finney

**Contact:**

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**Equipment:** You will need a worn in pair of walking boots and a comfy rucksack. You should come prepared for all weather conditions; the weather can be very unpredictable. A waterproof jacket and trousers are a must. You will need a sleeping bag (you can borrow waterproof jacket, trousers, and sleeping bag from the club on request).



**Food:** Bring enough money for two pub meals. All other food is included in the trip.

**About the Lake District:** The Lake District was born as an archipelago of volcanic islands in a shallow tropical sea. Over the ages, the continent carrying these islands drifted northwards, then collided with another continent. This lifted the remains of the volcanic rock into highlands. Subsequent ice ages put the finishing touches on this special landscape beloved of poets and painters, climbers and hillwalkers alike.

We will be staying in the Stair Cottage in Newlands Valley of northern Lakeland. From the cottage, we'll be able to walk around Grasmoor and the circuit of Robinson-Hindscarth-Dale Head. The second walk mentioned is one of the most picturesque in the area, the section on Catbells - see the picture above - is especially beautiful. Prepare for some rugged and mountainous walk, though it should be achievable by most people.

**Membership:** As with all OUWC trips, you must become a member of the club to be allocated a place. We are only able to offer refunds on trips if we are given sufficient notice to fill the vacated place.

